

COFFEE & HOT DRINKS

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| ESPRESSO | 2.60 |
| AMERICANO | 2.90 |
| LATTE | 3.10 |
| CAPPUCCINO | 3.10 |
| LARGE CAPPUCCINO | 3.60 |
| FLAT WHITE | 3.30 |
| MOCHA | 3.15 |
| HOT CHOCOLATE | 3.10 |
| FULLY-LOADED HOT CHOC | 4.00 |
| TEA | 1.95 |
| PUKKA TEA | 2.10 |
| CHAI LATTE | 3.30 |
| ICED LATTE | 3.90 |
| SYRUPS | 0.75 |
| - caramel - vanilla - hazelnut - gingerbread - sugar free syrups | |
| PLANT MILK AVAILABLE | 0.30 |
| - oat milk - soya milk - almond milk | |

BISCOFF ICED LATTE 4.50

Your choice of milk, biscoff spread, biscoff sauce, & espresso, shaken and served over ice and topped with cream and a biscuit

KINDER BUENO ICED LATTE 4.50

Your choice of milk, white chocolate syrup, hazelnut syrup, chocolate sauce & espresso, shaken and served over ice topped with cream & a kinder chocolate

SOFT DRINKS

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| DIET COKE | 1.85 |
| COCA COLA | 2.10 |
| SPRITE | 1.85 |
| SODA WATER | 1.65 |
| TONIC | 1.65 |
| MINERAL WATER | 1.55 |
| still or sparkling | |
| SAN PELLEGRINO | 2.00 |
| - orange - blood orange | |
| - pomegranate - lemon | |
| CAWSTON PRESS | 2.00 |
| - rhubarb | |
| - elderflower | |
| - apple | |
| HULLABALOO LEMONADE | 2.70 |
| - original still lemonade - lime & mint still lemonade | |
| - raspberry still lemonade - citrus still lemonade | |
| - elderflower still lemonade - still ginger beer | |
| JUICE CARTON | 1.30 |
| - apple | |
| - orange | |
| JUICE GLASS | 2.00 |
| - apple | |
| - orange | |

SMOOTHIES

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| Pash 'N' Shoot- Passionfruit, Mango & Pineapple | 4.60 |
| Berry Go Round- Strawberry, Blackberry & Raspberry | 4.60 |
| Blueberry Thrill- Blueberry, Raspberry, Banana & Flaxseed | 4.60 |
| Kale Kick- Kale, Spinach & Mango | 4.60 |

BEER & CIDER

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| THATCHERS GOLD | 4.95 |
| 4.5%, 500ml bottle | |
| THATCHERS HAZE | 4.95 |
| 4.5%, 500ml bottle | |
| PERONI | 3.85 |
| 5.6%, 330ml bottle | |
| BREWDOG PUNK IPA | 3.85 |
| 5.1%, 330ml bottle | |
| GUINNESS DRAUGHT | 4.80 |
| 4.1%, 440ml can | |
| BECKS BLUE | 3.90 |
| 0%, 330ml bottle | |

COCKTAILS

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| MOJITO | 9.00 |
| lime and mint lemonade, white rum | |
| RASPBERRY DAIQUIRI | 9.00 |
| raspberry lemonade, white rum, raspberry juice | |
| MOSCOW MULE | 9.00 |
| ginger beer, vodka, ice & garnish | |
| KISSED RASPBERRY MARTINI | 9.00 |
| raspberry lemonade, caramel vodka, raspberry syrup | |
| DARK DAIQUIRI | 9.00 |
| original still lemonade, spiced rum | |
| RASPBERRY BELINI | 9.00 |
| prosecco, raspberry syrup | |
| BUCKS FIZZ | 9.00 |
| orange juice, prosecco | |
| ELDERFLOWER COLLINS | 9.00 |
| elderflower presse, gin, tonic water | |
| ESPRESSO MARTINI | 9.00 |
| kaluha, vodka & espresso | |
| PASSIONFRUIT MARTINI | 9.00 |
| passoa, orange juice & vodka | |
| MINT PASSION MARTINI | 9.00 |
| lime & mint lemonade, passoa & vodka | |
| NEGRONI | 9.00 |
| vermouth rosso, campari, gin | |
| APEROL/LIMONCELLO SPRITZ | 9.00 |
| aperol or limoncello, soda water, prosecco | |

WINE

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| LES AMBASSADEURS, MERLOT | 19.50 |
| france, 70cl | |
| lots of flavour and colour with an aroma of spices and elegant scents of ripe fruit | |
| BOAR'S KLOOF, SHIRAZ CINSULT | 19.50 |
| south africa, 70cl | |
| a lustrous red in the glass, this exciting blend of shiraz and cinsault introduces an array of ripe berries and follows through in a juicy well-structured palate with a smooth finish | |
| PINOT GRIGIO DELLE VENEZIE DOC, GALEOTTI | 19.50 |
| italy, 70cl | |
| light straw in colour. fresh, citrus and apple flavours. light in body with subtle mineral notes. a crisp refreshing finish. | |
| RIVIERA, SAUVIGNON BLANC | 19.50 |
| france, 70cl | |
| this classic wine has an intense aroma full of gooseberry and citrus. the palate is fresh, crispy and fat, with a long aromatic finish. | |
| PINOT GRIGIO BLUSH DELLE VENEZIE DOC | 19.50 |
| italy, 70cl | |
| this rose is light, easy and refreshing, with a touch of redcurrants and berries. Pretty pink coloured, it is ripe and rounded on the palate, with hints of strawberry and raspberry. | |
| MANO DI FIORI, PROSECCO | 24.00 |
| italy, 70cl | |
| this pale and delicate sparkling wine has fine bubbles and fresh aromas of green fruits, elderflower and honeysuckle. it is elegantly light, dry and well balanced. | |

SINGLE SERVE WINES

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| SOL DEL ORO, SAUVIGNON BLANC | 7.10 |
| chile, 18.7cl | |
| a fresh sauvignon with a zingy appealing style combined with soft herbaceous fruits and a dry balanced finish | |
| PINOT GRIGIO CARDONE | 7.10 |
| italy, 18.7cl | |
| succulent and fruity with a hint of lemon and an elegant dry finish. A popular North Italian choice | |
| RYE MILL SIGNATURE, SHIRAZ | 7.10 |
| australia, 18.7cl | |
| a very appealing wine which is rich and youthful with deep and concentrated spicy shiraz flavours | |
| SOL DEL ORO, MERLOT | 7.10 |
| chile, 18.7cl | |
| lots of ripe fruit with hints of spicy plums and blackcurrants that combine to provide an easy drinking wine | |
| BUFFALO RIDGE, ZINFANDEL | 7.10 |
| california, 18.7cl | |
| refreshing and easy drinking with a slight sweetness and hint of ripe red fruits | |
| VISPO ALLEGRO, PROSECCO | 8.50 |
| italy, 20cl | |
| pale light yellow colour, delicate and complex bouquet with fruity notes reminiscent of peach and green apple, there are also good secondary notes of acacia and lilac. fresh and light on the palate with balanced acidity. | |

BREAKFAST PLATES

THE BIG BREAKFAST 11.55

2 rashers of bacon, 2 Regency sausages, 2 free range fried eggs, 2 hash browns, grilled tomato, portobello mushroom, baked beans and doorstep toast

THE SMALL ONE 8.80

1 rasher of bacon, 1 Regency sausage, 1 free range fried egg, hash brown, grilled tomato, portobello mushroom, baked beans and doorstep toast

VEGGIE BREAKFAST 9.80

2 vegetarian sausages, 1 hash brown, 1 free range fried egg, grilled halloumi, grilled tomato, portobello mushroom, baked beans and doorstep toast

VEGAN BREAKFAST 9.00

2 vegan sausages, 2 hash browns, sautéed champignon mushrooms and kale, grilled tomato, portobello mushroom, baked beans and doorstep toast


FRUITY GRANOLA POT 4.95

crunchy oat granola, served with greek yogurt, fruit compote, berry meddly and honey



SMASH OF THE DAY 8.80

'Smash' depending on season and supplier availability but we promise it will be plant based and delicious. Served on toasted sourdough

SIGNATURE HOMEMADE CRUMPET MELT 10.50

2 homemade crumpets topped with melted cheese and either:
- 2 grilled bacon rashers and a poached egg
- mushrooms, kale and a poached egg 

HOMEMADE PANCAKES 6.50

pancakes served with your choice of topping:
- banoffee 
- mixed berry medley and golden syrup 
- bacon and maple syrup - 8.00

REGENCY BUTCHER'S BACON SANDWICH 6.50

freshly cut farmhouse loaf filled with locally sourced bacon

BREAKFAST WRAP 8.70

1 Regency sausage, 2 rashers of bacon, and 1 free range fried egg served in a tortilla wrap with a pot of baked beans & 2 hash browns

MUSHROOMS AND KALE 7.70

sautéed mushrooms and kale, served on toasted sourdough

2 SLICES OF TOAST 2.50

2 slices of white or granary doorstep toast served with butter.

TOASTED TEACAKE 2.20

A toasted teacake served with butter.

LUNCHING

JACKET POTATO 7.50

a fluffy jacket potato served with a large side salad and one topping: cheese - beans - coleslaw - tuna mayo
Beef or bean chilli - 10.50

CHEESY NACHOS 6.90

tortilla chips, topped with lashings of melted cheese, 'smash of the day', sour cream, tomato salsa and jalapeños
Beef or bean chilli - 9.90

BUDDHA BOWL 10.45

a hearty salad of mixed salad leaves, cous cous, beetroot, courgetti, grated carrot, tomatoes, cucumber, diced red onion, pickled cabbage, toasted pumpkin seeds, roasted chickpeas, homemade hummus and finished with a homemade tahini dressing

DOORSTEP TOASTIE 8.80

thick sliced farmhouse loaf served with a salad garnish and chutney, choose from: - cheese and tomato - cheese and ham - cheese and onion - cheese - brie

CLUB SANDWICH 10.90

a triple layered lightly toasted doorstep sandwich, with grilled chicken, tomato, mixed leaves, mayonnaise and bacon, served with homemade coleslaw and crisps

VERY POSH FISH FINGER SANDWICH 11.90

Thick cut farmhouse loaf, filled with gourmet fish fillets, peppery rocket, a dollop of tartare sauce, a gherkin, a sprinkle of capers, a side of minty mushy peas and a baby leaf salad

SANDWICHES 7.20

Thick cut bread served with a side salad and Burt's crisps
- cheese with chutney/pickle/tomato/onion
- ham with salad/coleslaw/mustard
- free range egg mayo
- responsibly sourced tuna mayo

OUR KITCHEN USES INGREDIENTS THAT CONTAIN ALLERGENS. PLEASE ENSURE BEFORE ORDERING THAT YOU NOTIFY STAFF OF ANY ALLERGIES, DIETARY REQUIREMENTS YOU HAVE. WHEN GIVEN THIS INFORMATION WE ARE ABLE TO MINIMISE RISK AND PREPARE YOUR FOOD ACCORDINGLY.

For a full allergens list for all menu items, please ask a member of the team

WRAPS

served in a lightly toasted tortilla wrap with a salad garnish

BBQ CHICKEN, BACON AND CHEDDAR 9.40

grilled chicken in bbq sauce, bacon & cheddar cheese with a rainbow slaw

HALLOUMI AND ROASTED PEPPER 9.20

grilled halloumi, roasted red peppers with rainbow slaw & sweet chilli sauce

INDIAN PAKORA 9.20

homemade pakoras, tamarind sauce and a rainbow slaw

MIDDLE EASTERN FALAFELS 9.20

falafels, homemade hummus with rainbow slaw & a tahini dip

PREFER A SALAD?

make any of our wraps into a salad for £2

BAMBINOS

KIDS BREAKFAST 6.70

1 chipolata sausage, 1 bacon, 1 egg (scrambled), baked beans, hash brown, toast

TOMATO PASTA 4.95

fusilli pasta served with a roasted tomato sauce and toasted garlic bread.

FISH FINGERS 5.40

2 grilled fish fingers, served with potato shapes and a choice of:
- peas - beans - salad - vegetable sticks

SANDWICH 4.95

a small sandwich, served with vegetable sticks, grapes and crisps
a choice of filling: tuna mayo, cheese or ham

EXTRAS TO ADD TO ANY PURCHASED MEAL

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| Halloumi | 1.00 |
| Chicken | 1.50 |
| Egg | 1.00 |
| Bacon | 1.20 |
| Sausage | 1.50 |
| Hash brown | 1.00 |
| Portabello mushroom/Tomato | 0.80 |
| Beans | 1.00 |
| Pot of Jam, Marmalade or Nutella | 0.50 |

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| Side salad (small) | 3.00 |
| Chilli con carne/Bean chilli | 3.00 |

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| Jacket extra topping: Cheese/Tuna/Coleslaw/Beans | 1.00 |
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 **VEGETARIAN**

 **VEGAN AVAILABLE** (Please mention when ordering)

 **GLUTEN FREE AVAILABLE** (Please mention when ordering)

