

BREAKFAST PLATES

THE BIG BREAKFAST 10.50

2 rashers of bacon, 2 Regency sausages, 2 free range fried eggs, 2 hash browns, grilled tomato, portobello mushroom, baked beans and doorstep toast

THE SMALL ONE 8.00

1 rasher of bacon, 1 Regency sausage, 1 free range fried egg, hash brown, grilled tomato, portobello mushroom, baked beans and doorstep toast

VEGGIE BREAKFAST 8.90

2 vegetarian sausages, 2 hash browns, grilled tomato, portobello mushroom, 1 free range fried egg, grilled halloumi, baked beans and doorstep toast

MUSHROOMS AND KALE 7.00

sautéed mushrooms and kale, served on toasted sourdough add an egg for £1

FRUITY GRANOLA POT 4.50

crunchy oat granola, served with greek yogurt, fruit compote, seasonal fruit and honey

SMASHED AVOCADO 8.00

avocado smashed with garlic, lemon juice, and tomatoes served on toasted sourdough
add an egg for £1

SIGNATURE HOMEMADE CRUMPET MELT 9.00

2 homemade crumpets topped with melted cheese and either:
- 2 grilled bacon rashers and a poached egg
- mushrooms, kale and a poached egg 

HOMEMADE PANCAKES 7.50

pancakes served with your choice of topping:
- bananas, caramel and chocolate sauce  
- seasonal fruit compote and syrup  
- bacon and maple syrup - add £1.50

REGENCY BACON SANDWICH 5.90

freshly cut farmhouse loaf filled with crispy bacon

BREAKFAST WRAP 7.90

1 Regency sausage, 2 rashers of bacon, and 1 free range fried egg served in a tortilla wrap with a pot of baked beans & 2 hash browns

LUNCHING

JACKET POTATO 7.50

a fluffy jacket potato served with a side salad and one topping:
- cheese - beans - beef chilli - bean chilli - coleslaw - tuna mayo
extra toppings £1-

CHEESEY NACHOS 6.50

tortilla chips, topped with lashings of melted cheese, guacamole, sour cream, tomato salsa and jalapeños
add beef or bean chilli for £2.50

BUDDHA BOWL 9.50

a hearty salad of mixed salad leaves, grain, beetroot, courgetti, grated carrot, tomatoes, cucumber, diced red onion, pickled cabbage, toasted pumpkin seeds, roasted chickpeas, homemade hummus and finished with a homemade tahini dressing

DOORSTEP TOASTIES 8.00

thick sliced farmhouse loaf served with a salad garnish and chutney, choose from: - cheese and tomato - cheese and ham - cheese and onion - cheese - brie (add bacon for £1)

CLUB SANDWICH 8.80

a triple layered lightly toasted doorstep sandwich, with grilled chicken, tomato, mixed leaves, mayonnaise and bacon, served with homemade coleslaw and crisps

POSH FISH FINGER SANDWICH 9.00

freshly cut farmhouse loaf filled with fish fingers, rocket and homemade tartare sauce, served with a salad garnish

SANDWICHES 6.50

sliced bread served with a side salad and crisps
choose 2 fillings
- cheese/chutney/pickle/tomato/onion
- ham/salad/coleslaw/mustard
- free range egg mayo
- responsibly sourced tuna mayo

WRAPS

served in a lightly toasted tortilla wrap with rainbow slaw and a salad garnish

CHICKEN, BACON AND AVOCADO 8.50

grilled chicken, bacon and sliced avocado & sour cream

HALLOUMI AND ROASTED PEPPER 8.30

grilled halloumi, roasted red peppers & sweet chilli sauce

MIDDLE EASTERN FALAFELS 8.30

falafels, homemade hummus & a tahini dip

INDIAN BONDAS 8.30

south indian bondas & tamarind sauce

PREFER A SALAD?

make any of our wraps into a salad for £2

BAMBINOS

KIDS BREAKFAST 6.30

1 butchers sausage, 1 grilled bacon, 1 egg (fried/poached/scrambled), baked beans, toast

TOMATO PASTA 4.50

pasta twists served with a roasted tomato sauce and toasted garlic bread

BOLOGNESE 5.50

pasta twists served with a homemade bolognese sauce and toasted garlic bread

FISH FINGERS 4.95

2 grilled fish fingers, served with smiley faces and a choice of:
- peas - beans - salad - vegetable sticks

SANDWICH 4.50

a small sandwich, served with vegetable sticks, grapes and crisps
a choice of filling: tuna, cheese or ham



VEGETARIAN



VEGAN AVAILABLE



GLUTEN FREE AVAILABLE

PLEASE TELL A MEMBER OF
STAFF IF YOU HAVE ANY
ALLERGIES OR DIETARY
REQUIREMENTS WHEN
ORDERING, AND WE WILL BE
HAPPY TO ASSIST YOU.

COFFEE & HOT DRINKS

ESPRESSO	2.40
AMERICANO	2.70
LATTE	2.85
CAPPUCCINO	2.85
LARGE CAPPUCCINO	3.35
FLAT WHITE	3.00
MOCHA	2.90
HOT CHOCOLATE	2.85
FULLY-LOADED HOT CHOC TEA	3.70
PUKKA TEA	1.80
CHAI LATTE	1.95
ICED LATTE	3.00
SYRUPS	0.70
- caramel - vanilla - hazelnut - gingerbread - sugar free syrups	
PLANT MILK AVAILABLE 	
- oat milk - soya milk - almond milk - sproud	

BISCOFF ICED LATTE 	4.10
<i>Your choice of milk, biscoff spread, biscoff sauce, & espresso, shaken and served over ice and topped with cream and a biscuit</i>	
KINDER BUENO ICED LATTE 	4.10
<i>Your choice of milk, white chocolate syrup, hazelnut syrup, chocolate sauce & espresso, shaken and served over ice topped with cream & a kinder chocolate</i>	

SOFT DRINKS

DIET COKE	1.70
COCA COLA	2.00
SPRITE	1.50
SODA WATER	1.40
TONIC	1.40
MINERAL WATER	1.40
still or sparkling	
SAN PELLEGRINO	1.70
- orange - blood orange	
- pomegranate	
CAWSTON PRESS	1.70
- rhubarb	
- elderflower	
- apple	
HULLABALLOO LEMONADE	2.40
- original still lemonade - lime & mint still lemonade	
- raspberry still lemonade - citrus still lemonade	
- elderflower still lemonade - still ginger beer	
JUICE CARTON	1.20
- apple	
- orange	
JUICE GLASS	1.70

SMOOTHIES

açaï kick - açaï, strawberry, blueberry and mango	4.20
berry burst - blackberry, blackcurrant, blueberry and banana	4.20
green reviver - curly kale, lemongrass, banana and mango	4.20
pineapple sunset - pineapple, papaya and mango	4.20

BEER & CIDER

THATCHERS GOLD	4.50
4.5%, 500ml bottle	
THATCHERS HAZE	4.50
4.5%, 500ml bottle	
PERONI	3.50
5.6%, 330ml bottle	
BREWDOG PUNK IPA	3.50
5.1%, 330ml bottle	
GUINNESS DRAUGHT	4.80
4.1%, 440ml can	
BECKS BLUE	3.90
0%, 330ml bottle	

COCKTAILS

MOJITO	8.50
lime and mint lemonade, white rum	
RASPBERRY DAIQUIRI	8.50
raspberry lemonade, white rum, raspberry juice	
MOSCOW MULE	8.50
ginger beer, vodka, ice & garnish	
KISSED RASPBERRY MARTINI	8.50
raspberry lemonade, caramel vodka, raspberry syrup	
DARK DAIQUIRI	8.50
original still lemonade, spiced rum	
RASPBERRY BELINI	8.50
prosecco, raspberry syrup	
BUCKS FIZZ	8.50
orange juice, prosecco	
ELDERFLOWER COLLINS	8.50
elderflower presse, gin, tonic water	
ESPRESSO MARTINI	8.50
kaluha, vodka & espresso	
PASSIONFRUIT MARTINI	8.50
passoa, orange juice & vodka	
MINT PASSION MARTINI	8.50
lime & mint lemonade, passoa & vodka	
NEGRONI	8.50
vermouth rosso, campari, gin	
APEROL/LIMONCELLO SPRITZ	8.50
aperol or limoncello, soda water, prosecco	

RED WINE

LES AMBASSADEURS, MERLOT	18.00
france, 70cl lots of flavour and colour with an aroma of spices and elegant scents of ripe fruit	
BOAR'S KLOOF, SHIRAZ CINSAULT	18.00
south africa, 70cl a lustrous red in the glass, this exciting blend of shiraz and cinsault introduces an array of ripe berries and follows through in a juicy well-structured palate with a smooth finish	

WHITE WINE

PINOT GRIGIO DELLE VENEZIE DOC, GALEOTTI	18.00
italy, 70cl light straw in colour. fresh, citrus and apple flavours. light in body with subtle mineral notes. a crisp refreshing finish.	
RIVIERA, SAUVIGNON BLANC	18.00
france, 70cl this classic wine has an intense aroma full of gooseberry and citrus. the palate is fresh, crispy and fat, with a long aromatic finish.	

SPARKLING WINE

MANO DI FIORI, PROSECCO	22.00
italy, 70cl this pale and delicate sparkling wine has fine bubbles and fresh aromas of green fruits, elderflower and honeysuckle. it is elegantly light, dry and well balanced.	

SINGLE SERVE WINES

SOL DEL ORO, SAUVIGNON BLANC	6.50
chile, 18.7cl a fresh sauvignon with a zingy appealing style combined with soft herbaceous fruits and a dry balanced finish	
PINOT GRIGIO CARDONE	6.50
italy, 18.7cl succulent and fruity with a hint of lemon and an elegant dry finish. A popular North Italian choice	
RYE MILL SIGNATURE, SHIRAZ	6.50
australia, 18.7cl a very appealing wine which is rich and youthful with deep and concentrated spicy shiraz flavours	
SOL DEL ORO, MERLOT	6.50
chile, 18.7cl lots of ripe fruit with hints of spicy plums and blackcurrants that combine to provide an easy drinking wine	
BUFFALO RIDGE, ZINFANDEL	6.50
california, 18.7cl refreshing and easy drinking with a slight sweetness and hint of ripe red fruits	
VISPO ALLEGRO, PROSECCO	7.80
italy, 20cl pale light yellow colour, delicate and complex bouquet with fruity notes reminiscent of peach and green apple, there are also good secondary notes of acacia and lilac. fresh and light on the palate with balanced acidity.	