

## COFFEE & HOT DRINKS

ESPRESSO	2.60
AMERICANO	3.10
LATTE	3.40
CAPPUCCINO	3.40
LARGE CAPPUCCINO	3.80
FLAT WHITE	3.50
MOCHA	3.45
HOT CHOCOLATE	3.45
FULLY-LOADED HOT CHOC	4.30
TEA	2.10
HERBAL TEA	2.30
CHAI LATTE	3.60
ICED LATTE	3.80
SYRUPS	0.75
- caramel - vanilla - hazelnut - gingerbread - sugar free syrups	
PLANT MILK AVAILABLE 	0.30
- oat milk - soya milk - almond milk	

## INDULGENT TREATS

BISCOFF ICED LATTE 	4.95
<i>Your choice of milk, biscoff spread, biscoff sauce, &amp; espresso, shaken and served over ice and topped with cream and a biscuit</i>	
KINDER BUENO ICED LATTE	4.95
<i>Your choice of milk, white chocolate syrup, hazelnut syrup, chocolate sauce &amp; espresso, shaken and served over ice topped with cream &amp; a kinder chocolate</i>	
LIVIN LA VIDA COCOA SHAKE	4.95
<i>Luxurious creamy shake made with real Belgian chocolate and topped with cream</i>	
STRAWBERRY GLORY SHAKE	4.95
<i>Sweet juicy strawberries blitzed with milk and cream on top</i>	
TOP BANANA SHAKE	4.95
<i>Thick and creamy full flavoured banana shake with cream on top</i>	
AFFOGATO	4.95
<i>A scoop of creamy vanilla gelato "drowned" in a shot of hot espresso.</i>	
ITALIAN GELATO CONE	3.20
<i>2 scoops of soft creamy gelato in a waffle cone. Various flavours</i>	
ICE CREAM POT	2.50
<i>Award winning local ice cream - various flavours available</i>	
100% ORGANIC FRUIT ICE LOLLY	2.50

## SOFT DRINKS

DIET COKE/COCA COLA/SPRITE	2.30
SODA WATER/TONIC WATER	2.10
MINERAL WATER still or sparkling	2.10
SAN PELLEGRINO blood orange or pomegranate	2.50
CAWSTON PRESS rhubarb, elderflower or apple	2.50
HULLABALOO STILL LEMONADE	3.00
<i>original, raspberry, elderflower, lime &amp; mint,</i>	
JUICE CARTON apple or orange	1.50
JUICE GLASS apple or orange	2.20

## SMOOTHIES *frozen fruit pieces blitzed with apple juice*

Pash 'N' Shoot- Passionfruit, Mango & Pineapple 	4.90
Big 5 - Strawberry, mango, kiwi & pineapple 	4.90
Kale Kick- Kale, Spinach & Mango 	4.90

## BEER & CIDER

THATCHERS GOLD	5.30
<i>4.5%, 500ml bottle</i>	
THATCHERS HAZE	5.30
<i>4.5%, 500ml bottle</i>	
THATCHERS ZERO	4.20
<i>0%, 500ml bottle</i>	
PERONI	4.20
<i>5.6%, 330ml bottle</i>	
CORONA ZERO	3.90
<i>0%, 330ml bottle</i>	
BREWDOG PUNK IPA	4.20
<i>5.1%, 330ml bottle</i>	
GUINNESS DRAUGHT	4.50
<i>4.1%, 440ml can</i>	
BECKS BLUE	3.90
<i>0%, 330ml bottle</i>	

## COCKTAILS

MOJITO	9.50
<i>lime and mint lemonade, white rum</i>	
RASPBERRY DAIQUIRI	9.50
<i>raspberry lemonade, white rum, raspberry juice</i>	
KISSED RASPBERRY MARTINI	9.50
<i>raspberry lemonade, caramel vodka, raspberry syrup</i>	
DARK DAIQUIRI	9.50
<i>original still lemonade, spiced rum</i>	
RASPBERRY BELINI	9.50
<i>prosecco, raspberry syrup</i>	
ELDERFLOWER COLLINS	9.50
<i>elderflower presse, gin, tonic water</i>	
ESPRESSO MARTINI	9.50
<i>kaluha, vodka &amp; espresso</i>	
PASSIONFRUIT MARTINI	9.50
<i>passoa, orange juice &amp; vodka</i>	
MINT PASSION MARTINI	9.50
<i>lime &amp; mint lemonade, passoa &amp; vodka</i>	
NEGRONI	9.50
<i>vermouth rosso, campari, gin</i>	
APEROL/LIMONCELLO SPRITZ	9.50
<i>aperol or limoncello, soda water, prosecco</i>	

## WINE

LES AMBASSADEURS, MERLOT	21.50
<i>france, 70cl</i>	
<i>lots of flavour and colour with an aroma of spices and elegant scents of ripe fruit</i>	
KRAAL BAY, SHIRAZ SWARTLAND	21.50
<i>south africa, 70cl</i>	
<i>a lustrous blend of Shiraz, with a touch of Cinsault and Mourvedre, brings an array of ripe berries which follows through to a juicy, well structured palate with a smooth finish.</i>	
PINOT GRIGIO DELLE VENEZIE DOC, GALEOTTI	21.50
<i>italy, 70cl</i>	
<i>light straw in colour. fresh, citrus and apple flavours. light in body with subtle mineral notes. a crisp refreshing finish.</i>	
RIVIERA, SAUVIGNON BLANC	21.50
<i>france, 70cl</i>	
<i>this classic wine has an intense aroma full of gooseberry and citrus. the palate is fresh, crispy and fat, with a long aromatic finish.</i>	
PINOT GRIGIO BLUSH DELLE VENEZIE DOC	21.50
<i>italy, 70cl</i>	
<i>this rose is light, easy and refreshing, with a touch of redcurrants and berries. Pretty pink coloured, it is ripe and rounded on the palate, with hints of strawberry and raspberry.</i>	
MANO DI FIORI, PROSECCO	26.00
<i>italy, 70cl</i>	
<i>this pale and delicate sparkling wine has fine bubbles and fresh aromas of green fruits, elderflower and honeysuckle. it is elegantly light, dry and well balanced.</i>	
NON ALCOHOLIC SPARKLING WINE	12.00
<i>please ask the team which option we have today</i>	

## SINGLE SERVE WINES

SOL DEL ORO, SAUVIGNON BLANC	7.80
<i>chile, 18.7cl</i>	
<i>a fresh sauvignon with a zingy appealing style combined with soft herbaceous fruits and a dry balanced finish</i>	
PINOT GRIGIO CARDONE	7.80
<i>italy, 18.7cl</i>	
<i>succulent and fruity with a hint of lemon and an elegant dry finish. A popular North Italian choice</i>	
RYE MILL SIGNATURE, SHIRAZ	7.80
<i>australia, 18.7cl</i>	
<i>a very appealing wine which is rich and youthful with deep and concentrated spicy shiraz flavours</i>	
SOL DEL ORO, MERLOT	7.80
<i>chile, 18.7cl</i>	
<i>lots of ripe fruit with hints of spicy plums and blackcurrants that combine to provide an easy drinking wine</i>	
BUFFALO RIDGE, ZINFANDEL	7.80
<i>california, 18.7cl</i>	
<i>refreshing and easy drinking with a slight sweetness and hint of ripe red fruits</i>	
VISPO ALLEGRO, PROSECCO	9.20
<i>italy, 20cl</i>	
<i>pale light yellow colour, delicate and complex bouquet with fruity notes reminiscent of peach and green apple, there are also good secondary notes of acacia and lilac. fresh and light on the palate with balanced acidity.</i>	



## BREAKFAST PLATES

### THE BIG BREAKFAST 12.60

2 rashers of bacon, 2 Regency sausages, 2 free range fried eggs, 2 hash browns, grilled tomato, portobello mushroom, baked beans and doorstep toast

### THE SMALL ONE 9.60

1 rasher of bacon, 1 Regency sausage, 1 free range fried egg, hash brown, grilled tomato, portobello mushroom, baked beans and doorstep toast

### VEGGIE BREAKFAST 10.60

2 vegetarian sausages, 1 hash brown, 1 free range fried egg, grilled halloumi, grilled tomato, portobello mushroom, baked beans and doorstep toast

### VEGAN BREAKFAST 9.90

2 vegan sausages, 2 hash browns, sautéed champignon mushrooms and kale, grilled tomato, portobello mushroom, baked beans and doorstep toast

### FRUITY GRANOLA POT 5.40

crunchy oat granola, served with greek yogurt, fruit compote, berry medley and honey

### POSH BEANS ON TOAST 8.60

A hearty blend of beans simmered in smoky tomato sauce, served on a slice of toasted sourdough

### SIGNATURE HOMEMADE CRUMPET MELT 11.55

2 homemade crumpets topped with melted cheese and either:  
- 2 grilled bacon rashers and a poached egg  
- mushrooms, kale and a poached egg

### HOMEMADE PANCAKES *NEW RECIPE!* 7.50

pancakes served with your choice of topping:  
- banoffee  
- mixed berry medley and golden syrup  
- bacon and maple syrup - 9.00

### REGENCY BACON OR SAUSAGE SANDWICH 7.00

freshly cut farmhouse loaf filled with locally sourced bacon or award winning Regency sausages

### BREAKFAST WRAP 9.50

1 Regency sausage, 2 rashers of bacon, and 1 free range fried egg served in a tortilla wrap with a pot of baked beans & 2 hash browns

### VEGETARIAN BREAKFAST WRAP 9.90

2 veggie sausages, 2 beaten eggs, a sprinkling of feta, baby spinach, and roasted red pepper served in a tortilla wrap with a pot of posh smokey beans

### MUSHROOMS AND KALE 8.40

sautéed mushrooms and kale, served on toasted sourdough

### 2 SLICES OF TOAST 2.75

2 slices of white or granary doorstep toast served with butter.

### TOASTED TEACAKE 2.45

A toasted teacake served with butter.

## LUNCHING

### JACKET POTATO 8.20

a fluffy jacket potato served with a large side salad and one topping: cheese - beans - coleslaw - tuna mayo  
Beef chilli or posh baked beans - 11.00

### GARDEN GRAIN MEDLEY 11.50

A hearty vegan salad featuring a wholesome grain tossed with fresh seasonal vegetables, drizzled with our chef's signature dressing. Ask your server for today's dish.

### DOORSTEP TOASTIE 9.60

thick sliced farmhouse loaf served with a salad garnish and chutney, choose from: - cheese and tomato - cheese and ham - cheese and onion - cheese - brie

### CLUB SANDWICH 11.90

a triple layered lightly toasted doorstep sandwich, with grilled chicken, tomato, mixed leaves, mayonnaise and bacon, served with homemade coleslaw and crisps

### VERY POSH FISH FINGER SANDWICH 12.90

Thick cut farmhouse loaf, filled with gourmet fish fillets, peppery rocket, a dollop of tartare sauce, a gherkin, a sprinkle of capers, a side of minty mushy peas and a baby leaf salad

### SANDWICHES 7.90

Thick cut bread served with a side salad and Burt's crisps  
- cheese  
- ham  
- free range egg mayo  
- responsibly sourced tuna mayo

And one extra - chutney, pickle, coleslaw, onion, cheese,

**OUR KITCHEN USES INGREDIENTS THAT CONTAIN ALLERGENS. PLEASE ENSURE BEFORE ORDERING THAT YOU NOTIFY STAFF OF ANY ALLERGIES, DIETARY REQUIREMENTS YOU HAVE. WHEN GIVEN THIS INFORMATION WE ARE ABLE TO MINIMISE RISK AND PREPARE YOUR FOOD ACCORDINGLY.**

For a full allergens list for all menu items, please ask a member of the team

## WRAPS

8.20 served in a lightly toasted tortilla wrap with a salad garnish

### BBQ CHICKEN, BACON AND CHEDDAR 10.30

grilled chicken in bbq sauce, bacon & cheddar cheese with a rainbow slaw

### HALLOUMI AND ROASTED PEPPER 10.10

grilled halloumi, roasted red peppers with rainbow slaw & sweet chilli sauce

### SOUTH INDIAN PAKORAS 10.10

Homemade pakoras, rainbow slaw and mango chutney

9.60

## PREFER A SALAD?

make any of our wraps into a salad for £2

## BAMBINOS

### KIDS BREAKFAST 7.30

1 chipolata sausage, 1 bacon, 1 egg (scrambled), baked beans, hash brown, toast

### TOMATO PASTA 5.40

fusilli pasta served with a roasted tomato sauce and toasted garlic bread.

### PESTO PASTA 5.40

fusilli pasta served with a classic green pesto sauce and toasted garlic bread.

### SANDWICH 5.40

a small sandwich, served with vegetable sticks, grapes and crisps a choice of filling: tuna mayo, cheese or ham

## EXTRAS TO ADD TO ANY PURCHASED MEAL

Halloumi	1.00
Chicken	1.50
Egg	1.00
Bacon	1.20
Sausage	1.50
Hash brown	1.00
Portabello mushroom/Tomato	0.80
Beans	1.00
Pot of Jam, Marmalade or Nutella	0.50
Side salad (small)	3.50
Chilli con carne	3.50

Jacket extra topping: Cheese/Tuna/Coleslaw/Beans 1.00

 **VEGAN AVAILABLE** (Please mention when ordering)

 **GLUTEN FREE AVAILABLE** (Please mention when ordering)

\*Additional charge of £1 for gluten free bakery items

All prices include 20% VAT. VAT number: GB294592850

