

**PURPLESPOON CAFE @ BRIDGWATER YMCA, FRIARN AVENUE, TA6 3RF. 01278 726011**

**COFFEE & HOT DRINKS**

ESPRESSO	2.80
AMERICANO	3.10
LATTE	3.60
CAPPUCCINO	3.60
LARGE CAPPUCCINO	3.80
FLAT WHITE	3.70
MOCHA	3.60
HOT CHOCOLATE	3.60
FULLY-LOADED HOT CHOC	4.40
TEA	2.20
HERBAL TEA	2.50
CHAI LATTE	3.85
ICED LATTE	3.90
SYRUPS	0.75
- caramel - vanilla - hazelnut - gingerbread - sugar free syrups	
PLANT MILK AVAILABLE	0.30
- oat milk - soya milk - almond milk	

**INDULGENT TREATS**

<b>BISCOFF ICED LATTE</b>	5.50
<i>Your choice of milk, biscoff syrup, biscoff sauce, &amp; espresso, shaken and served over ice and topped with cream and a biscuit</i>	
<b>KINDER BUENO ICED LATTE</b>	5.50
<i>Your choice of milk, white chocolate syrup, hazelnut syrup, chocolate sauce &amp; espresso, shaken and served over ice topped with cream &amp; a kinder chocolate</i>	
<b>PISTACHIO &amp; WHITE CHOCOLATE ICED LATTE</b>	5.55
<i>Your choice of milk, pistachio syrup, pistachio sauce, white chocolate sauce &amp; espresso served over ice and topped with cream and crushed pistachios</i>	
<b>LIVIN LA VIDA COCOA SHAKE</b>	5.30
<i>Luxurious creamy shake made with real Belgian chocolate topped with cream</i>	
<b>STRAWBERRY GLORY SHAKE</b>	5.30
<i>Sweet juicy strawberries blitzed with milk topped with cream</i>	
<b>TOP BANANA SHAKE</b>	5.30
<i>Thick and creamy full flavoured banana shake topped with cream</i>	
<b>ICE CREAM POT</b>	2.50
<i>Award winning local ice cream - various flavours available</i>	
<b>HOMEMADE CAKE</b>	3.90
<i>Locally made cakes - please see our counter</i>	

**SOFT DRINKS**

DIET COKE/COCA COLA/SPRITE	2.50
SODA WATER/TONIC WATER	2.30
MINERAL WATER <i>still or sparkling</i>	2.30
SAN PELLEGRINO <i>blood orange or pomegranate</i>	2.70
CAWSTON PRESS <i>rhubarb, elderflower or apple</i>	2.70
HULLABALOO'S STILL LEMONADE	3.20
<i>original, raspberry, elderflower, lime &amp; mint,</i>	
JUICE CARTON <i>apple or orange</i>	1.50
JUICE GLASS <i>apple or orange</i>	2.40

**SMOOTHIES** *frozen fruit pieces blitzed with apple juice*

<b>Pash 'N' Shoot-</b> <i>Passionfruit, Mango &amp; Pineapple</i>	5.00
<b>Big 5 -</b> <i>Strawberry, mango, kiwi &amp; pineapple</i>	5.00
<b>Kale Kick-</b> <i>Kale, Spinach &amp; Mango</i>	5.00

**BEER & CIDER**

<b>THATCHERS GOLD</b>	5.50
<i>4.5%, 500ml bottle</i>	
<b>THATCHERS HAZE</b>	5.50
<i>4.5%, 500ml bottle</i>	
<b>THATCHERS ZERO</b>	4.50
<i>0%, 500ml bottle</i>	
<b>PERONI</b>	4.50
<i>5.6%, 330ml bottle</i>	
<b>CORONA ZERO</b>	4.00
<i>0%, 330ml bottle</i>	
<b>BREWDOG PUNK IPA</b>	4.50
<i>5.1%, 330ml bottle</i>	
<b>GUINNESS DRAUGHT</b>	4.50
<i>4.1%, 440ml can</i>	
<b>BECKS BLUE</b>	4.00
<i>0%, 330ml bottle</i>	

**COCKTAILS**

<b>MOJITO</b>	9.50
<i>lime and mint lemonade, white rum</i>	
<b>RASPBERRY DAIQUIRI</b>	9.50
<i>frozen raspberries, white rum, raspberry syrup</i>	
<b>RASPBERRY BELINI</b>	9.50
<i>prosecco, raspberry syrup</i>	
<b>ELDERFLOWER COLLINS</b>	9.50
<i>elderflower lemonade, gin, tonic water</i>	
<b>ESPRESSO MARTINI</b>	10.50
<i>kaluha, vodka &amp; espresso</i>	
<b>PASSIONFRUIT MARTINI</b>	10.50
<i>passoa, orange juice &amp; vodka</i>	
<b>MINT PASSION MARTINI</b>	10.50
<i>lime &amp; mint lemonade, passoa &amp; vodka</i>	
<b>APEROL/LIMONCELLO SPRITZ</b>	10.50
<i>aperol or limoncello, soda water, prosecco</i>	

**MOCKTAILS**

<b>VIRGIN MOJITO</b>	5.50
<i>Fresh lime, mint, sugar sryup and lime and mint lemonade</i>	
<b>BERRY FUSION FROST</b>	5.50
<i>Frozen raspberries, raspberry syrup, raspberry lemonade</i>	
<b>ELDERFLOWER SPRITZ</b>	5.50
<i>0% gin, tonic water, elderflower lemonade</i>	

**WINE**


<b>LES AMBASSADEURS, MERLOT</b>	22.50
<i>france, 70cl lots of flavour and colour with an aroma of spices and elegant scents of ripe fruit</i>	
<b>KRAAL BAY, SHIRAZ SWARTLAND</b>	22.50
<i>south africa, 70cl aA lustrous blend of Shiraz, with a touch of Cinsault and Mourvedre, brings an array of ripe berries which follows through to a juicy, well structured palate with a smooth finish.</i>	
<b>PINOT GRIGIO DELLE VENEZIE DOC, GALEOTTI</b>	22.50
<i>italy, 70cl light straw in colour. fresh, citrus and apple flavours. light in body with subtle mineral notes. a crisp refreshing finish.</i>	
<b>RIVIERA, SAUVIGNON BLANC</b>	22.50
<i>france, 70cl this classic wine has an intense aroma full of gooseberry and citrus. the palatte is fresh, crispy and fat, with a long aromatic finish.</i>	
<b>PINOT GRIGIO BLUSH DELLE VENEZIE DOC</b>	22.50
<i>italy, 70cl this rose is light, easy and refreshing, with a touch of redcurrants and berries. Pretty pink coloured, it is ripe and rounded on the palate, with hints of strawberry and raspberry.</i>	
<b>MANO DI FIORI, PROSECCO</b>	26.50
<i>italy, 70cl this pale and delicate sparkling wine has fine bubbles and fresh aromas of green fruits, elderflower and honeysuckle. it is elegantly light, dry and well balanced.</i>	
<b>NON ALCOHOLIC SPARKLING WINE</b>	12.00
<i>please ask the team which option we have today</i>	


**SINGLE SERVE WINES**

<b>SOL DEL ORO, SAUVIGNON BLANC</b>	8.00
<i>chile, 18.7cl a fresh sauvignon with a zingy appealing style combined with soft herbaceous fruits and a dry balanced finish</i>	
<b>PINOT GRIGIO CARDONE</b>	8.00
<i>italy, 18.7cl succulent and fruity with a hint of lemon and an elegant dry finish. A popular North Italian choice</i>	
<b>RYE MILL SIGNATURE, SHIRAZ</b>	8.00
<i>australia, 18.7cl a very appealing wine which is rich and youthful with deep and concentrated spicy shiraz flavours</i>	
<b>SOL DEL ORO, MERLOT</b>	8.00
<i>chile, 18.7cl lots of ripe fruit with hints of spicy plums and blackcurrants that combine to provide an easy drinking wine</i>	
<b>BUFFALO RIDGE, ZINFANDEL</b>	8.00
<i>california, 18.7cl refreshing and easy drinking with a slight sweetness and hint of ripe red fruits</i>	
<b>VISPO ALLEGRO, PROSECCO</b>	9.50
<i>italy, 20cl pale light yellow colour, delicate and complex bouquet with fruity notes reminiscent of peach and green apple, there are also good secondary notes of acacia and lilac. fresh and light on the palate with balanced acidity.</i>	




## BREAKFAST PLATES

**THE BIG BREAKFAST**  **13.50**  
2 rashers of bacon, 2 Regency sausages, 2 free range fried eggs, 2 hash browns, grilled tomato, portobello mushroom, baked beans and doorstep toast

**THE SMALL ONE**  **10.50**  
1 rasher of bacon, 1 Regency sausage, 1 free range fried egg, hash brown, grilled tomato, portobello mushroom, baked beans and doorstep toast

**VEGGIE BREAKFAST** **11.50**  
2 vegetarian sausages, 1 hash brown, 1 free range fried egg, grilled halloumi, grilled tomato, portobello mushroom, baked beans and doorstep toast


**VEGAN BREAKFAST**  **10.50**  
2 vegan sausages, 2 hash browns, sautéed champignon mushrooms and kale, grilled tomato, portobello mushroom, baked beans and doorstep toast

**GREEK YOGHURT BREAKFAST BOWL** **5.60**  
greek yoghurt served with fruit and honey and granola

**SIGNATURE HOMEMADE CRUMPET MELT** **12.50**  
2 homemade crumpets topped with melted cheese and either:  
- 2 grilled bacon rashers and a poached egg  
- mushrooms, kale and a poached egg

**HOMEMADE PANCAKES** **8.00**  
pancakes served with your choice of topping:  
- banoffee  
- mixed berry medley and golden syrup  
- bacon and maple syrup - 9.50

**REGENCY BACON OR SAUSAGE SANDWICH**  **7.50**  
freshly cut farmhouse loaf filled with locally sourced bacon or award winning Regency sausages



**BREAKFAST WRAP**  **10.20**  
choose between regular or vegetarian:  
- **Regular:** 1 Regency sausage, 2 rashers of bacon, and 1 free range fried egg served in a tortilla wrap with a pot of baked beans & 2 hash browns  
- **Vegetarian:** 2 veggie sausages, 1 free range egg, served in a tortilla wrap with a pot of baked beans & 2 hash browns



**MUSHROOMS AND KALE**   **9.00**  
sautéed mushrooms and kale, served on toasted sourdough

**2 SLICES OF TOAST**   **2.90**  
2 slices of white or granary doorstep toast served with butter.

**TOASTED TEACAKE** **2.60**  
A toasted teacake served with butter.



## LUNCHING

**JACKET POTATO**   **9.00**  
a fluffy jacket potato served with a large side salad and one topping:  
cheese - baked beans - coleslaw - tuna mayo  
Beef chilli or bean chilli - 11.60  
Extra toppings: 1.00  
Cheese/ Tuna/ Coleslaw/ Baked Beans

**DOORSTEP TOASTIE**   **10.20**  
thick sliced farmhouse loaf served with a salad garnish and chutney, choose from: - cheese and tomato - cheese and ham - cheese and onion - cheese - brie

**CLUB SANDWICH**  **10.50**  
a triple layered lightly toasted doorstep sandwich, with grilled chicken, tomato, mixed leaves, mayonnaise and bacon, served with homemade coleslaw and crisps

**VERY POSH FISH FINGER SANDWICH** **13.50**  
Thick cut farmhouse loaf, filled with gourmet fish fillets, peppery rocket, a dollop of tartare sauce, a gherkin, a sprinkle of capers, a side of minty mushy peas and a baby leaf salad

**SANDWICHES**   **8.50**  
Thick cut bread served with a side salad and Burt's crisps  
- cheese  
- ham  
- free range egg mayo  
- responsibly sourced tuna mayo

And one extra - chutney, pickle, coleslaw, onion, cheese


**OUR KITCHEN USES INGREDIENTS THAT CONTAIN ALLERGENS. PLEASE ENSURE BEFORE ORDERING THAT YOU NOTIFY STAFF OF ANY ALLERGIES, DIETARY REQUIREMENTS YOU HAVE. WHEN GIVEN THIS INFORMATION WE ARE ABLE TO MINIMISE RISK AND PREPARE YOUR FOOD ACCORDINGLY.**


For a full allergens list for all menu items, please ask a member of the team

## WRAPS


served in a lightly toasted tortilla wrap with a salad garnish  
**BBQ CHICKEN, BACON AND CHEDDAR**  **11.20**  
grilled chicken in bbq sauce, bacon & cheddar cheese with a rainbow slaw  
**HALLOUMI AND ROASTED PEPPER**  **11.00**  
grilled halloumi, roasted red peppers with rainbow slaw & sweet chilli sauce  
**SOUTH INDIAN PAKORAS**   **11.00**  
Homemade pakoras, rainbow slaw and mango chutney  
make any of our wraps into a salad for £2

**BAMBINOS** **12.50**  
**HOMEMADE PANCAKE** **4.50**  
a single pancake served with your choice of topping:  
- banoffee  
- mixed berry medley and golden syrup

**KIDS BREAKFAST**  **7.80**  
1 chipolata sausage, 1 bacon, 1 egg (scrambled), baked beans, hash brown, toast

**TOMATO PASTA**  **5.80**  
fusilli pasta served with a roasted tomato sauce and toasted garlic bread.

**PESTO PASTA** **5.80**  
fusilli pasta served with a classic green pesto sauce and toasted garlic bread.

**SANDWICH**  **5.80**  
a small sandwich, served with vegetable sticks, apple slices and crisps  
a choice of filling: tuna mayo, cheese or ham

## EXTRAS TO ADD TO ANY PURCHASED MEAL

Halloumi	1.20
Chicken	1.70
Egg	1.20
Bacon	1.40
Sausage	1.70
Hash brown	1.20
Portabello mushroom/Tomato	1.00
Beans	1.20
Coleslaw	1.20
Pot of Jam, Marmalade or Nutella	0.60
Side salad (small)	3.50
Chilli con carne	3.70

 **VEGAN AVAILABLE** (Please mention when ordering)

 **GLUTEN FREE AVAILABLE** (Please mention when ordering)

\*Additional charge of £1 for gluten free items

